

July TESTIMONIES



**NATURE'S
GIFT OF HEALTH**



GENERAL WELLNESS



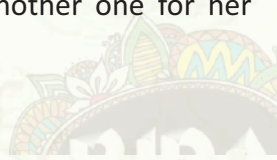
Hmmn! Sincerely speaking this Rida balm works. I can testify to that. It really works.
Shared by Osho Olanike, Osogbo

Last week Tuesday to be precise, I was down with cold and catarrh. My boss gave me RIDA BALM which I applied on my chest, and nostrils. The next few minutes I was able to breathe at ease and the cold resolved. Two days after, I was better. That's one of many capabilities of RIDA PRODUCTS.

Shared by Aguonigho Theophilus, Abeokuta

A sister in Christ purchased Rida Bitters after I introduced it to her. Two days after, she was calling me continuously as I was in the meeting. I told her that I would call her back, as soon as I reached home, I called back but she did not pick, rather, she called me and said that if she tells me that Rida Bitters is not working, that she was telling lies, that the time I called back, that she was clearing her system through the Bitters she used, and afterwards, she felt released from the pains she was feeling before. She even called me back two days ago to bring another one for her tomorrow.

Shared by olufemi Emmanuel, Lagos





GENERAL WELLNESS

The product make sense. When I was having issue with food digestion this morning, I used it and within few minutes, it helped.

Shared by Olufemi Emmanuel

My dad said his eyes doesn't bring out water like before and the itching has reduced.

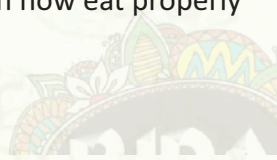
Shared by Glory, Lagos

There's a woman who has been coming to buy the balm because, according to her, it's good for her. I noticed she couldn't hear well whenever o tried speaking to her. I encouraged her to buy the Bitters, she was able to buy the 30mls. The woman came two days ago to tell me that the thing that was going round her body had left. She also put the balm in her ears and pus came out of there and since then she could hear well.

Shared by Mrs Omojokun Lagos.

This is my personal testimony. Last week, I went for the second dose of Covid-19 vaccine. My system went haywire. I had blisters under my tongue. I wasn't really feeling feverish but I wasn't just comfortable. I used Rida to gargle. I just remembered now that the blisters are no more there and I can now eat properly and I'm fine. Rida truly Rocks.

Shared by Busola Adesanya, Lagos





GENERAL WELLNESS

Someone who has fatty heart issue contacted me . He added that it is hereditary. I followed up with him after he bought the products. He said the heart burn he used to have has gone. Although he hasn't called back to tell me otherwise, so I believe the product worked him.

Shared by Mr. Ade Bamisaiye, Lagos



MALE HEALTH

The Rida fire for men worked perfectly and I noticed some improvement just 4 days of using it. The blood pressure and erection became normal just as it was before. Thank you

Shared by Mrs Osho Olanike, Osogbo

In March 2022, I went to the hospital for an all round check. The results proved everything was good but one, that was at boundary for my age. The doctor said I should come back in six months to PSA which was where my challenge was. I was not happy with the doctor's declaration and went to a senior doctor who gave me RIDA Fire for men capsule, approved by Nafdac, to take religiously which I used for -



MALE HEALTH

-only one month. Lo and behold my PSA came down from 6.5 to 3.0. I became free from prostate cancer for life. I thank God for this discovery.

Shared by Elder Wale Bashorun, Leadway Estate Erunwen Ikorodu

I haven't confirmed it sexually but my body feels different two weeks I started using the Rida. Moreover I urinate more and my body feels kind of different lately.

Shared by Olanike, Osogbo

HYPERTENSION

My husband checked his BP yesterday and it's okay. He said the drug is good. My weight is also coming down with the use of the Fat Burner.

Shared by Osho Olanike, Osogbo

WEIGHT MANAGEMENT

I have been on RIDA BITTERS and FAT BURNER for a month now, My Tummy has really gone down and I feel good too.

Shared by Funmi, Abeokuta



FEMALE HEALTH

Adenike is using the product for infertility and she just told me she started her period again after 1 year. She is 48yrs old and we are believing God for her. (One month usage of Rida bitters, cleanser and Restore).

Shared by Sadipe, Ajah Lagos

For over a year now, my menstrual cycle stopped flowing, two days after taking Rida Bitters, the whole process started and now I'm happy.

Shared by Mrs Bibiana

FERTILITY/ PREGNANCY

This afternoon, I got a call from an Aunt of mine who got the female fertility pack and male wellness pack for a couple that have been trying to conceive for some years. She's Pregnant. Now she wants to get for another couple. I'm excited! Another Rida Baby loading

Shared by MI, Lagos





PAIN/ ARTHRITIS



I was introduced to Rida through Mrs Adejuwon Bose Adedeji, I started using Rida product in 2020. Before that time, I used to complain about pains around my waist and she recommended the right ones for me and since then, have been free from pains. Rida gives me good health and good body weight.

Thanks to Rida.

Shared by Mrs Tosin Oladele Osogbo



ULCER

A sister of mine who bought Rida yesterday shared the testimony that her back pain has left her this morning. It was actually chronic ulcer. She purged for like 3 times and that was all.

Shared by Bose Adedeji Adejuwon, Lagos.





HEMORRHOIDS/ PILES

I used to have stomach pains a lot but ever since I started using Rida Bitters, never again! Before I started Rida, sometimes it took me 3 to 4 days before I could go to toilet but Rida Bitters balanced the situations..

I now defecate every morning and sometimes at night before going to bed. Moreover, defecating has become easy (I never open my eyeballs before I do again, lol). *Shared by Wasiu, Abule-Egba*

I gave someone who had pile and who needed to detox the Rida Cleanser. She got back to me and said it worked.

Shared by Bola, Lagos

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